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Activities

On a typical Fall Saturday in Tuscaloosa, you may find yourself surrounded by 100,000 of your closest friends in Bryant-Denny Stadium. For every other day of the week, Tuscaloosa offers sights and activities suited for all ages. The sports fanatic can follow the "Walk of Fame," lined with names of legendary Alabama players under the historic Denny Chimes. The outdoorsman can visit Lake Lurleen State Park and hike or bike its 23 miles of multiuse trails. The park also features a nature center, fishing, paddleboats, birdwatching, and swimming. Tuscaloosa's Ol' Colony Golf Course was named, "Best Public Course in Alabama" by Golf Digest. The course features 7,500 yards of Bermuda grass fairways with over 70 bunkers and 25 acres of lakes. While the adults relax along the Riverwalk or stroll through the farmer's market, younger visitors can enjoy three floors of hands-on activities at the Children's Hands-On Museum of Tuscaloosa. Here, kids can experience a fun learning environment, as they are encouraged to touch, feel and play in the exhibits. No matter the age, Tuscaloosa is the one and only choice for sights and activities to accommodate the entire family.

Alabama Museum of Natural History | Houses exhibitions and specimen collections detailing the state's natural history and ancient past. | 348-7550

Bryant-Denny Stadium | Home of the 17 time national champion Alabama Crimson Tide and seats 100.821 people. | 348-2262

Children's Hands-on Museum | 3 floors of hands-on fun for kids. chomonline.org | 349-4235

Denny Chimes | Historic landmark that is home to the "Football Walk of Fame," featuring hand and footprints of legendary Alabama players. | tour.ua.edu

Deerlick Creek Park | Campground located on Holt Lake. | 759-1591 | recreation.gov

Farmers Market | Seasonally on Tuesdays & every Saturday from 7am - 12pm at the Rivermarket. | 248-5295 | tuscaloosarivermarket. com

Hidden Meadows Golf Course | 18 hole course featuring Tift Dwarf Bermuda Greens. | 339-3673 | hiddenmeadowsgc.com

Kentuck Art Center | Features monthly exhibits by regional artists. 758-1257 | kentuck.org

Mercedes-Benz Visitor Center and Museum | The only Mercedes-Benz Museum outside of Germany-- Includes vintage cars and multimedia exhibits. | 507-2252 | mbusi.com

Moundville Archaeological Park | Ancient site & museum that showcases the Native American culture along with the history of the mounds. | 371-2234 | moundville.ua.edu

Munny Sokol Park | An 11-mile trail system perfect for mountain biking, running, or hiking. | 562-3220 | tcpara.org

Murphy African-American Museum | Built using materials from the old state capitol building, it focuses on the lifestyles of affluent African-Americans during the early 1900s. | 758-2861 historictuscaloosa.org

Ol' Colony Golf Course | 7,500 yd course designed by Jerry Pate featuring 18 holes and beautiful greens. Home of UA Men's & Women's golf teams. | 371-2234 | tcpara.org

President's Mansion | Home to the University of Alabama President and survived the burning of the campus in 1865. | tour.ua.edu

Lake Harris | alabamabirdingtrails.com

Lake Lurleen | 339-1558 | alapark.com

Lake Nicol | alabamabirdingtrails.com

Lake Tuscaloosa

The Paul W. Bryant Museum | Dedicated to the history of Crimson Tide football. | 348-4668 | bryantmuseum.com

Tuscaloosa Riverwalk | A beautiful 2.2 mile trail running along the Black Warrior River.

University of Alabama Arboretum | Sanctuary to wildflower gardens of native Alabama plants. | 553-3278 | arboretum.ua.edu





Sports

It is a well-known fact that Tuscaloosa is no stranger to the passionate sports atmosphere. The city is home to three universities and colleges with numerous sports teams and many accolades. The University of Alabama's Crimson Tide refers to the 21 men and women's varsity teams. UA claims national championships in football, softball, gymnastics, tennis and golf. Sports Illustrated has named the university the number 26 best collegiate sports program in America. Home to the Tigers, Stillman College competes in the Southern Intercollegiate Athletic Conference in Division II of the NCAA. Men's basketball holds three conference championships and baseball holds two conference titles along with one national championship. Shelton State Community College has spent the past decade establishing a winning tradition and bringing home championship trophies. Since 2003, the Buccaneers have won 14 NJCAA Region XXII Division I titles in men's and women's basketball and baseball, 11 national championships in competitive cheerleading, and two recognitions as an Academic Team of the Year for softball. In addition, Tuscaloosa is also home to the WBC Heavyweight Champion Deontay Wilder! With so many athletic accomplishments, Tuscaloosa is the one and only spot for legacies of success.

Alabama Crimson Tide | football, M/W basketball, soccer, gymnastics, M/W tennis, volleyball, swimming & diving, track & field, rowing, baseball and softball | rolltide.com | 348-6010

Shelton State | baseball, M/W basketball and softball | sheltonstate.edu | 391-2211

Stillman College | football, baseball, M/W basketball, M/W tennis, softball, track and field and volleyball | stillman.edu | 349-4240



Arts/Entertainment

Despite scenes broadcasted on sports channels, Tuscaloosa is home to much more than universities and football stadiums. The city's arts and entertainment industry is flourishing with opportunities to expand cultural horizons. The Tuscaloosa Amphitheater is an outdoor concert arena that seats 7,470 quests. The venue has hosted shows from the Beach Boys and Lynyrd Skynyrd to pro boxing matches featuring Tuscaloosa native, WBC Heavyweight Champion Deontay Wilder, Located on the University of Alabama's campus, the Moody Music Hall is a 1,000-seat concert hall that is home to the Tuscaloosa Symphony. The hall is patterned after the home of Vienna Philharmonic and features a Holtcamp organ standing three stories high. Theatre Tuscaloosa is housed in the Bean-Browne Theatre located on the campus of Shelton State Community College. The theatre has a long history of performing critically acclaimed plays such as Hairspray, Fiddler on the Roof and The Sound of Music. Located in the heart of downtown, the Bama Theatre has been a Tuscaloosa staple since 1938.

Bama Theatre | The oldest operating theatre and performance hall in Tuscaloosa. | 758-5195 | bamatheatre.org

Bean-Brown Theatre | One of the region's most acclaimed community theatres located on the Shelton State campus. | 391-2211 | theatrefusc.com

Dinah Washington Cultural Arts Center | Home to local art galleries and artist studios along with a UA gallery. | 758-5195 | tuscarts.org

Harrison Galleries, LLC | Presents a variety of 19th and 20thcentury works along with local artist exhibits. | 464-0054

Moody Music Hall | Home to the Tuscaloosa Symphony and seats 1,000. | 348-7110 | music.ua.edu

O'Connor Art Studio | Provides educational and visual fine arts experiences. | 396-9892 | oconnorartstudios.com

Paul R. Jones Gallery | Honors Paul R. Jones by featuring his collection of African American art. | 345-3038 | art.ua.edu

Sarah Moody Gallery of Art | Contemporary art venue featuring works of regional and national artists. | 345-1890 | art.ua.edu

Tuscaloosa Amphitheater | Outdoor concert venue that seats over 7,400 people. | 248-5280 | tuscaloosaamphitheater.com

Tuscaloosa Federal Building and Courthouse | 561-1670 | Federal courthouse that also houses 16 Caleb O'Connor murals that depict the history of Tuscaloosa.





Restaurants

Bryant-Denny Stadium is not the only home of rich traditions in Tuscaloosa. The city is also known for its unique history when it comes to southern-style cooking. Along with a lengthy list of popular chain franchises, Tuscaloosa houses some of the most acclaimed restaurants started from the ground up. For any food-loving locals, breakfast includes a visit to the Waysider with a large plate of grits and hot cup of coffee. For lunch, grab some fried green tomatoes at the City Café, featured on ESPN's segment, "Taste of the Town." Wind down with a quiet dinner by the Black Warrior River at River, known for its fine wines and upscale southern cuisine. The diverse options that Tuscaloosa has to offer make it a hub for even the pickiest eaters. No matter what suits your palate, Tuscaloosa is the one and only answer to please any taste bud.





301 Bistro & Beer Garden | Traditional Southern with Gulf Coast/ New Orleans influences, but also German flavors | 764-1395

Archibald's BBQ | Regularly named as one of the top BBQ places in the country. | 345-6861

Baumhowers Victory Grille | Classic American cuisine. | 409-9922 | baumhowers.com

Central Mesa | This Latin-American Eatery features house-made tortillias, braised and slow-roasted meats, and fresh vegetables and peppers. | 523-7738 | eatcentralmesa.com

Chuck's Fish | Fresh gulf seafood and sushi bar. | 248-9370 | chucksfish.com

City Cafe | Quaint breakfast & lunch nook for comfort food staples from fried green tomatoes to mac n' cheese. | 758-9171

Cypress Inn | Quiet dining on the Black Warrior River serving upscale southern cuisine | 345-6963 | cypressinnrestaurant.com

Dreamland BBQ | Home of the legendary BBQ pork ribs. | 758-8135 | dreamlandbbq.com

DePalma's Italian Café | Serving upscale traditional Italian cuisine. | 759-1879 | depalmasdowntown.com

Five Bar | A fun twist on traditional American cuisine with only 5 menu options in each category. | 345-6089 | five-bar.com

Glorybound | Mediterranean cuisine | 349-0505 | gloryboundgyroco.com

Half-Shell Oyster House | Upscale-casual southern seafood restaurant and bar. | 860-7001 | halfshelloysterhouse.com

Heat Pizza Bar | Pizza specialist featuring a long bar with TVs, happy hour, live music on weekends, and patio tables. | 632-3282 | heatpizzabar.com

Jalapeño's Mexican Grill | Authentic Mexican cuisine | 342-3378 | jalapenostuscaloosa.com

Jim N' Nicks BBQ | Serving up southern-style BBQ with an emphasis on community. | 469-2060 | jimnnicks.com

The Levee Bar and Grill | Serving fresh seafood, steaks and oysters on the banks of the Black Warrior River. | 632-3136 leveebarandgrill.com

Moe's Original BBQ | Southern revival BBQ served in a relaxed, spontaneous environment | 752-3616 | moesoriginalbbg.com

Mr. Chen's | Authentic Chinese cooking | 343-6889 | mrchenstuscaloosa.com

Nick's Filet House | Filet and Nicodemus are a must! | 758-9316

Rama Jama's | Historic bar & grill next to the stadium serving allday breakfast. | 750-0901

River | Unique modern southern flavor with a view! | 632-3801 rivertuscaloosa.com

Ruan Thai | This quaint, locally owned restaurant offers exquisite Thai food. | 391-9973 | rollthai.com

Side by Side | A contemporary, high-energy restaurant created by Chef Chris Hastings, winner of the 2012 James Beard Award. | 561-5500 | thesidebysiderestaurant.com

Southern Ale House | Southern-style food with a twist and large beer list. | 248-7500 | southernalehouse.com

Sweet Home Food Bar | Southern inspired breakfast and brunch. 764-9346 | sweethomefoodbaral.com

Taco Mama | Mexican cantina with a great patio. | 409-8173 | tacomamaonline.com

The Avenue Pub | Upscale pub food with an extensive beer menu. 759-4900 | avepub.com

The Waysider | The hub of southern breakfast in Tuscaloosa. | 345-8239



Bars/Breweries

Tuscaloosa's animated nightlife and famous breweries make it a great destination for those of age. The side-walks are lined with bars both old and new, along with atmospheres as unique as the menus. Located in Downtown Tuscaloosa, the Black Warrior Brewing Company has craft ale's to suite any beer-lover. The beers are now located in numerous bars across the state, with Tuscaloosa as its home base. Down the street from Black Warrior Brewing is Carpé Vino, Tuscaloosa's only wine bar and a great place to unwind with your favorite white or red. For visitors looking for both food and drink, Innisfree Irish Pub is located just outside of Downtown Tuscaloosa. The restaurant offers traditional Irish-style pub food and a wide selection of mainstream and craft beers. With its covered outdoor courtyard, Innisfree is a hot spot for local college students looking to wind down after a long day and even bring their pets. Along with many other notable venues, Tuscaloosa is the one and only spot to experience these unique bars.

1831 | 764-0898

4th and 23rd | 346-4999

Alcove | 469-9110 | alcovetavern.com

Bear Trap Rooftop Bar | 345-2766

Black Warrior Brewing Company | 248-7841 |

blackwarriorbrewingcompany.com

Carpe Vino | 366-8444 | carpevinottown.com

Catch 22 | 344-9347

Copper Top | 343-6867

Cravings | 331-4153

Downtown Pub | 750-0008

Druid City Brewing Company | 342-0051 | druidcitybrewing.com

Egan's Bar | 758-9413

Filling Station | 764-0924

Gallette's | 764-0924

Green Bar | 366-0913

Grey Lady | 469-9521

Harry's Bar | 758-9332

Houndstooth Bar | 752-8444 | houndstoothsportsbar.com

Icon Bar | 345-3820

Innisfree Irish Pub | 345-1199 | innisfreeirishpubs.com

Jackie's Lounge | 758-9179

Loosa Brews |737-7440 | loosabrews.com

The Lookout at Hotel Indigo | 469-1660

The Booth | 758-9316

The Red Shed | 331-4321

Top Shelf Tavern | 343-0020

Rhythm & Brews | 750-2992

Rounders Bar | 345-4848

Wilhagans Grill & Taproom | 366-0913 | wilhaganstaproom.com





Shopping

When planning to visit a new spot, shopping locations can be a crucial element. Tuscaloosa is a diverse atmosphere when it comes to some people's guilty pleasure. Midtown outdoor shopping mall has a wide variety of chain stores and restaurants. From Barnes and Noble and Gigi's Cupcakes to Nike and Soca, Midtown is a convenient option for the frequent shopper. Situated across the street from Midtown Village, the Shoppes at Legacy Park is home to some fabulous larger retailers like World Market and DSW. Located on the University of Alabama's campus, the SUPe Store has any item for the loyal Crimson Tide fan. The store has apparel for men, women and children as well as school supplies and textbooks for students. Across the Black Warrior River, Historic Downtown Northport is home to the Kentuck Art Museum and quaint shops. In the middle of the hustle and bustle of the city, Downtown Tuscaloosa is the place to grab a popsicle at Steel City Pops or pick up a piece of art at Harrison Galleries, as well as special items at a variety of unique shops. No matter the budget or time, Tuscaloosa is the one and only spot to please any checkbook.

Downtown Plaza Shopping Center | 345-1814

Downtown Tuscaloosa

Historic Downtown Northport

Shoppes at Legacy Park | shoppesatlegacyparkcom

Midtown Village | 644-2521 | midtownvillagetuscaloosa.com

University Mall | 553-8414 | university-mall.com

SUPe Store | 348-6168 | universitysupplystore.com

TUSCALOOSA TOURISM & SPORTS

Tuscaloosa Tourism and Sports www.visittuscaloosa.com 205.391.9200

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